



LBPA TODAY

Information Update for Lansdowne Business and Professional Association Members

Member News To Peruse

SILENT AUCTION APPROACHING

This year's LBPA Silent Auction is set to take place on Thursday, May 3 at the Twentieth Century Club. The third annual installment of this increasingly popular event promises to offer plenty of exciting items and services from LBPA members. All proceeds from the auction will benefit LBPA community improvement projects. Last year's Silent Auction raised more than \$2,000. Admission is free, and coffee and desserts will be available. Do you have something that you'd like to donate to this special night? Need more information? Call 610-623-2091.

MEMBERS RECEIVE SAFETY TIPS FROM POLICE AT MEETING

The first LBPA meeting of the year was a special discussion at Doyle's Deli and Grille featuring guest speaker Detective John Murphy of the Lansdowne Police Department. Murphy addressed the concerns of many in attendance by offering "The Dos and Don'ts of Retail and Office Security," an informative Q&A session that focused on keeping local businesses crime-free.

The meeting was attended by more than 20 LBPA members, and many enjoyed the delicious buffet dinner of meatballs, pasta shells, and club sandwiches prepared by host Bob Doyle. Murphy also has provided some useful safety forms for members to post in their business or home office. These forms are available for download in PDF format on the LBPA website, located at www.shoplansdowne.com.

MAR-WIN SHOP-N-BAG WORK NEARS COMPLETION

After many months of construction, the wait is nearly over at Mar-Win Shop-N-Bag. The store's owners hope that new additions to the facility will be completed sometime in May. The work will double the size of the store to a total of 14,000 square feet. Once completed, the longtime landmark — which has been a fixture at Marshall Road and Windermere Avenue for 65 years — will offer customers a wide selection of hot foods and an in-store bakery. Mar-Win Shop-N-Bag is open from 9 a.m. to 8 p.m. Mondays through Fridays; 9 a.m. to 7 p.m. on Saturdays; and 9 a.m. to 5 p.m. on Sundays. Call 610-623-5940 for more information.

February Meeting: Wine Tasting

What: February LBPA Meeting —Featuring Wine & Cheese Tasting

Where: Home of Pat & Nick Arone
129 N. Wycombe Ave.
Lansdowne, PA 19050

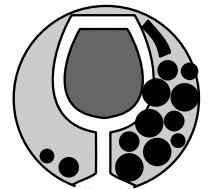
When: February 21, 2001

Time: 7:00 p.m.

Cost: \$14 per person

Details: Wine and cheese tasting to be led by Joseph McConnell, Specialty Wine Coordinator with the Pennsylvania Liquor Control Board.

Information: Call 610-623-2091



Your LBPA Officers

PRESIDENT

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FIRST VICE PRESIDENT

Lewis Rinaman(610) 623-5955

SECOND VICE PRESIDENT

Fran Wayne.....(610) 259-6370

SECRETARY

Pat Arone(610) 626-7320
Kelly Bliss.....(610) 394-2547

TREASURER

Rose Marie Redheffer.....(610) 583-3000

Lansdowne Business & Professional Association
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*"A doctor can bury his mistakes,
but an architect can only advise
his clients to plant vines."*

— Frank Lloyd Wright

LBPA Online

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www.shoplansdowne.com

Are You in Need of a Vacation?

In the world of small businesses, it's not uncommon for entrepreneurs to make a habit of burning the candle at both ends. If that's the case with you, you know the result is usually the same: you feel overworked, underpaid, and frustrated. These feelings are often increased greatly during this time of year, when the long nights, early sunsets and cold weather combine forces to wear us down.

If you're too busy to get anything done, then the best move you can make might be to stop putting off that vacation. In the fast-paced new millennium, smart managers and business owners know that all work and no play is ultimately self-destructive — both in the office and at home. Taking a much needed break from your business is critical to renewing your mind, your body, your spirit and your relationships.

In fact, many studies have shown that after you've taken some time off from your responsibilities, you'll return to work with a wealth of fresh ideas, renewed energy and an improved attitude. Those around you will probably appreciate your new attitude.

Taking time off from work doesn't just mean you'll be a better employee or employer. You'll also be a better mate, parent or friend too.

Even if it's just for a single day, do yourself and your career a favor and schedule some time to really get away. The positive effects will last for weeks, months or maybe even longer. So do something — visit a museum, read a novel, get some exercise, or, if you can — take that vacation you've been putting off for so long. The key is to get your focus away from work. Relax, regroup and refocus. You'll be glad you did when you return!

Member Spotlight: Nick Arone, Field Service Professionals

Nick Arone is the friendly, cheerful guy who stands up at LBPA meetings to give his self-introduction and proudly states his name and a brief description of his company, Field Service Professionals. Many LBPA members are puzzled because nobody understands what Nick really does. He doesn't sell a product or perform a service that we can use in our homes or businesses. However, his products and services directly affect us all and are used internationally.

Nick is a field service engineer, specializing in the maintenance, repair and installation of chemical analyzers and their associated supplies and equipment. While his business is less than two years old, he has been in the instrumentation industry for more than 20 years and has spent most of his career in laboratories. What does that mean? It means, that as a result of his experience and services, chemical analyzers that detect certain pollutants are working properly. Nick consults with all types of laboratories that affect everything from our water supply to waste water discharged into the environment after the manufacturing processes. Detection of pollutants allows them to be neutralized to help keep our water safer and our environment less polluted.

Nick has successfully completed projects in such far-off places as South and Central America, Europe and Saudi Arabia, and has been called to just about every state in the US. He's performed his services in chemical and pharmaceutical manufacturing plants, oil refineries, environmental labs, and nuclear power plants — just to name a few.

In addition to the service Field Service Professionals provides, Nick represents a company that manufactures specialty lab glassware and he has recently been named distributor for an international company (Domnick Hunter, Inc.). As a distributor for Domnick Hunter, Nick offers users of nitrogen and hydrogen gas cylinders a safe alternative to the bulky, hazardous tanks.

Though his efforts only affect a very small portion of the environmental picture, the next time you take a drink of cool, clear water, or enjoy the environment, think of Nick Arone and Field Service Professionals.

More information on Nick and his company can be found on his web site, www.fspros.com.

Remember...

